

## SANDWICHES, SALADS AND SOUPS

### SOUP IS SERVED WITH PARSNIP CRISP AND WARM BREAD

Spiced roast parsnip and honey soup (v) 8.00

### SANDWICHES SERVED ON MALTED OR SOFT GRAIN BREAD WITH A SALAD GARNISH AND CRISPS

#### UPGRADE YOUR CRISPS TO A HANDFUL OF FRIES FOR £1.50

Ham, wholegrain mustard and tomato 7.00

Coronation chicken with baby gem lettuce 7.00

Tuna and red onion with mayonnaise 7.00

Mature cheddar with Branston pickle and tomato (v) 6.00

Egg mayonnaise with spring onion (v) 6.00

### CHILWORTH CLUB SANDWICH

#### SERVED TOASTED ON SOFT GRAIN BREAD WITH FRIES (AVAILABLE 11AM—6PM)

Streaky bacon, egg mayonnaise, sliced chicken, sliced tomato and lettuce 13.00

### CIABATTAS ARE SERVED WARM WITH FRIES AND ROCKET LEAVES

Posh fish finger with tartare sauce, red onion and baby gem lettuce 13.00

Chicken with barbecue sauce and mature cheddar 13.00

Goats' cheese with roasted peppers and basil pesto (v) 13.00

### SALADS ARE AVAILABLE IN A SMALL PORTION, AN IDEAL SNACK OR AS A LARGER MAIN COURSE

Chicken Caesar, sweet cured bacon, baby gems, anchovies, croutons,  
pecorino and Caesar dressing (contains Anchovy oil) 8.00 / 15.00

Greek salad served the traditional way and finished with olive oil (v, gf) 8.00 / 15.00

## TRADITIONAL MAINS

Chicken and mushroom pie, sautéed new potatoes, seasonal vegetables and red wine jus 15.00

Ham, egg and chunky chips, garden peas (gf, df) 14.00

Smoked haddock fish and chips, garden peas, smoky tartare sauce 18.00

Upton's classic burger, monteray jack, smoked streaky bacon,  
French fries, cracked pepper mayonnaise 17.00

Slow braised lamb shank, potato and root vegetable mash, roasted root vegetables, lamb jus (gf) 19.00

Chicken or vegetable (v) korma, homemade Indian chutney, pilau rice and naan bread (n) 17.00

Mushroom ravioli, tomato sauce and garlic bread (v) 17.00

Spinach and sun blush tomato tart tatin, hollandaise sauce, green salad, sautéed new potatoes 17.00

### ADD A SIDE 3.50 per portion

Chunky chips (gf) | French fries (gf) | Medley of vegetables  
Tomato, rocket and Parmesan salad, balsamic vinegar and olive oil (gf, df)

## SOMETHING SWEET

Ginger and rhubarb brûlée, honey and ginger flapjack 8.00

Baked apple and sultana cheesecake, cinnamon ice cream 8.00

Sticky toffee pudding, caramel sauce, banana ice cream (gf) 8.00

Selection of New Forest ice creams (v, gf) 8.00

English cheese board, grapes, celery, quince jelly and crackers (n) 10.00

## AFTERNOON TEA

Afternoon Tea is available daily between 2pm and 5pm, prices are per person  
(please book Afternoon Tea in advance or allow 45 minute preparation time)

**Cream Tea** 7.50

Two scones, clotted cream, jam

**Traditional Afternoon Tea** 17.50

Selection of cakes, sandwiches, scones, clotted cream, jam

**Prosecco Afternoon Tea** 22.50

Selection of cakes, sandwiches, scones, clotted cream, jam

with a glass of chilled Vaporetto Prosecco

## CHILDREN'S MENU

1-course: 5.95; 2-courses: 7.95; 3-courses: 9.95

### STARTERS

Soup of the day

Melon with berries

Chicken strips with garlic mayonnaise

### MAIN COURSES

Margarita pizza with chips and beans or peas

Fish fingers with chips and beans or peas

Roasted chicken, vegetables, potatoes and gravy

Sausage and sautéed new potatoes with vegetables and gravy

### DESSERTS

Mixed ice cream selection

Sticky toffee pudding

Dessert of the day

(v) = vegetarian, (gf) = gluten free, (n) = contains nuts. This menu is available in the Bar between 11am and 10pm.

Allergen information is available for all our dishes please speak with a member of staff before placing your order. Some dishes can be adapted to suit allergen requirements, please ask a team member for further details. Prices within this menu are inclusive of VAT.