



*Bar*  
MENU



# Soup, Sandwiches & Salads

## Soup

Served with parsnip crisp and warm bread

**Roasted courgette and tomato soup** (v, gfo) 8

## Sandwiches

Served on malted or soft grain bread with a salad garnish and crisps  
Upgrade your crisps to a handful of fries for £1.50

**Ham**, wholegrain mustard and tomato 7.50

**Coronation chicken** with baby gem lettuce 7.50

**Smoked salmon**, rocket with lemon mayonnaise 8

**Mature cheddar** with Branston pickle and tomato (v) 6.50

**Egg mayonnaise** with pea shoots (v) 6.50

## Chilworth Club Sandwich

Served toasted on soft grain bread with fries (available 11am—6pm)

**Streaky bacon, egg mayonnaise, sliced chicken, sliced tomato and lettuce** 13

## Ciabattas

Served warm with fries and rocket leaves

**Posh fish finger** with tartare sauce, red onion and baby gem lettuce 13

**Chicken** with barbecue sauce and mature cheddar 13

**Mozzarella**, tomato and herb pesto (v) 13

## Salads

Available in a small portion, an ideal snack or as a larger main course

**Chicken Caesar** - sweet cured bacon, baby gem lettuce, anchovies, croutons, Pecorino and Caesar dressing (contains anchovy oil) 8 / 15

**Chef's Summer Salad** - rocket, coriander, new potatoes, peas, spring onions, chilli, herb oil (v, gf) 8 / 15

# Traditional Mains

**Beef and Ale Pie** 15

chunky chips, seasonal vegetables and red wine jus

**Ham, Egg and Chunky Chips** 14

garden peas (gf, df)

**Traditional Fish and Chips** 18

garden peas, lemon caper mayo

**Upton's Classic Burger** 17

Monterey Jack cheese, smoked streaky bacon, French fries,

cracked pepper mayonnaise

**Moroccan Lamb Shank** 19

scented cous cous, roasted Mediterranean vegetables, braising juices

**Thai Green Curry** (Vegetable (v) or Chicken) 17

boiled rice, naan bread, homemade chutney (n)

**Mushroom Ravioli** 17

tomato sauce and garlic bread (v)

**Asparagus and Spinach Tarte Tatin** 17

tomato and rocket salad, hollandaise sauce, new potatoes (v)

## Add a Side

3.50 per portion

**Chunky chips** (gf) | **French fries** (gf) | **Medley of vegetables** |  
**Tomato, rocket and Parmesan salad**, balsamic vinegar and olive oil (gf)

# Something Sweet

**Crème Catalana** - homemade ginger biscuit (gfo) 8

**Tiramisu** - traditional Sardinian recipe, coffee ice cream 8

**Chocolate Nutella fondant** - vanilla ice cream (gf, n) 8

**Selection of New Forest ice creams** (v, gf) 8

**English Cheese Board** - garlic yarg, Isle of Wight blue / soft, Hampshire rose, quince jelly and luxury crackers (n) 10



(v) = vegetarian, (gf) = gluten free, (n) = contains nuts,  
(gfo) = dish may be prepared gluten free on request  
This menu is available in the Bar between 11am and 10pm.  
Please speak to a member of our team should you have any  
special dietary requirements, allergies or intolerances.

Please be aware that certain dishes on the menu may  
contain or be prepared within the vicinity of 1 of the  
14 food allergens in accordance with the Food  
Information Regulations 1169/2011  
Prices within this menu are inclusive of VAT.

