

ESPA

Natural Beauty
Inner Calm



Spa Treatment List

T: (01244) 851666

E: leisure@crabwallhotel.co.uk

ESPA Body & Massage Treatments

ESPA Back, Neck & Shoulder Massage

Treatment time: 25 minutes
£45pp

ESPA Shoulder Neck & Scalp Massage

Treatment time: 25 minutes
£45pp

ESPA Inner Calm Massage

Treatment time: 55 minutes
£75pp

ESPA Hot Stones Massage

Treatment time: 55 minutes
£85pp

ESPA Muscle Reviver

Treatment time: 40 minutes
£50pp

ESPA Back, Face & Scalp Treatment

Treatment time: 85 minutes
£90pp

ESPA Deep Cleansing Back Treatment

Treatment time: 55 minutes
£60pp

ESPA Body Scrubs & Wraps

ESPA Detox Wrap

Treatment time: 55 minutes
£70pp

ESPA Body Wrap

Treatment time: 55 minutes
£70pp

ESPA Salt & Oil Scrub

Treatment time: 25 minutes
£45pp

ESPA Exfoliating Body Polish

Treatment time: 25 minutes
£45pp

ESPA Invigorating Foot Treatment

Treatment time: 25 minutes
£45pp

ESPA Facials

ESPA Express Facial

Treatment time: 25 minutes
£50pp

ESPA Inner Beauty Facial

Treatment time: 55 minutes
£75pp

ESPA Intense Regenerating Facial

£80pp

ESPA Eye Lift

Treatment time: 25 minutes
£50pp

ESPA Maternity

ESPA Pre-natal Back Massage

Treatment time: 25 minutes
£45

ESPA Pre-natal Relax & Restore

Treatment time: 55 minutes
£70pp

GELeration Nails

Geleration Application Manicure

Treatment time: 55 minutes
£45pp

Geleration Application Pedicure

Treatment time: 55 minutes
£45pp

Geleration Removal

Treatment time: 30 minutes
£12pp

Hands & feet

Jessica Deluxe Manicure

Treatment time: 55 minutes
£40

Jessica Deluxe Pedicure

Treatment time: 55 minutes
£40

Jessica Express Manicure

Treatment time: 25 minutes
£25pp

Jessica Express Pedicure

Treatment time: 25 minutes
£25pp

ESPA

Natural Beauty
Inner Calm



Spa Treatment List

T: (01244) 851666

E: leisure@crabwallhotel.co.uk

Holistic Therapy

Indian Head Massage

Treatment time: 40 minutes
£50pp

Maintenance Eye Treatments

Eyelash Tint*

Treatment time: 30 minutes
£15pp

Eyebrow Shape & Wax

Treatment time: 15 minutes
£10

Eyebrow Tint*

Treatment time: 15 minutes
£10pp

Maintenance Treatments

Full Leg Wax

Treatment time: 45/55 minutes
£25pp

Half Leg Wax

Treatment time: 25 minutes
£20pp

Arm Wax

Treatment time: 25 minutes
£10pp

Underarm Wax

Treatment time: 15 minutes
£12pp

Bikini Wax

£15pp

Upper Lip or Chin Wax

£10pp

Upper Lip & Chin Wax

£15pp

Arrival

We recommend that you arrive at the spa reception a minimum of 15 minutes prior to your scheduled appointment. If you are planning on using the facilities, we recommend that you arrive a minimum of one hour before your treatment. Please understand that late arrivals will only receive the remainder of their treatment time.

What to wear

Robes, towels and slippers are provided for your convenience. A £1 coin is required for lockers. Lower underwear or swimwear must be worn for all treatments.

Deposits when booking

A 50% deposit will be required at the time of booking and the remaining balance is to be paid on the day of arrival at the spa.

Cancellation Policy

Cancellations (within 48 hours) or no shows will incur a 100% charge.

Medical Conditions

All treatments can be adapted to suit medical conditions. All medical conditions must be stated at the time of booking. A doctor's note will be required for certain medical conditions.

*A tint test is required 24 hours prior to your scheduled treatment time.

Spa Hours & Contact

Monday- Wednesday & Saturday & Sunday- 10am-6pm
Thursday & Friday- 10am-8pm